The look of love

But do those changes in our brain, via hormones, pheromones and endorphins, change the way we look? "When we are in love we have an increased blood flow to the skin and hair as well as other peripheral organs," says Ben Norris, a breast surgeon at Sydney's Silkwood Medical practice. "This improves the nutrition, oxygenation and moisturisation of skin and hair and subsequently the healthy glow of those in love."

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