BAZAAR *beauty*

Tried, tested & licked

Best vitamin infusion

Benefit Medi-Grade Facial, $250, at Silkwood Medical, Level 4, 75 Grafton Street, Bondi Junction, New South Wales, (02) 9387 3900; www.silkwoodmedical.com.au

Those after an immediate "freshening up" of the face will love this. With no downtime, this soothing treatment exfoliates, heals, calms and doses skin with moisture and vitality. It relies on enzymes, which eat away the dead layer of cells without stressing the dermis, congestion-relieving extractions and an infusion of vitamins A and C, botanical extracts and shea butter. Results are instant. Skin is smooth, polished and revitalised.

"It's the perfect treatment if you have a big event that night," says Maureen Cole, paramedical aesthetician at Silkwood Medical. "There is no downtime, only the possibility of slight superficial peeling following the treatment."